



RUNNING Y RESORT

Spa & Wellness Center

Dry Sauna



Dry Sauna Session **\$30 / 30 min.**

Dry sauna has significant benefits to your health including reducing inflammation, improves muscle function along with immune and heart health and improves mood & relaxation. Robe is provided. 1 Complimentary session included with 2 or more services.

Lash & Brows



Lash Lift..... **\$45**

Lash Tint..... **\$30**

Lash Combo..... **\$65**

Includes Brow Tint & Lamination

Brow Lamination..... **\$55**

Brow Tint **\$40**

Brow Combo **\$85**

Includes Brow Tint & Lamination

Waxing



Brow Shaping..... **\$20** **Lip & Chin** **\$25**

Lip & Brow..... **\$28** **Nostril**..... **\$15**

Lip..... **\$12** **Full Face**..... **\$45**

Chin..... **\$15** **Underarms**..... **\$25**

Bikini..... **\$50+** **Back** **\$55+**

Manicures



Basic **\$30 / 30 min.**

Freshen up with this Basic Mani! Shaping of the nails, cuticle care, hand scrub and lotion. Does not include polish.

RY Classic **\$45 / 60 min.**

Its a classic! Shaping of nails, cuticle care, sugar scrub and hand & arm massage. Comes with regular polish.

Ultimate **\$55 / 75 min.**

Get the Ultimate manicure experience starting with nail shaping, soak, cuticle care, sugar scrub, hydrating masque, paraffin dip and hand & arm massage. Gel polish is included.

Gel Polish Change **\$45 / 75 min.**

Remove gel polish, shaping of the nails, cuticle care, and finished with gel polish.

Nails



Hard Gel Nails

Short or medium length, any shape..... **\$60+**

Extended length..... **\$70+**

Extended length with extreme shape **\$80+**

Hard Gel Nails - Refill

Short or medium length, any shape..... **\$50+**

Extended length..... **\$60+**

Extended length with extreme shape **\$70+**

*Base prices include french, fade, solid color, glitter & basic art.

Pedicures



Basic **\$40 / 45 min.**

Just the basics! This is a pedicure to maintain your feet with care. Nail trim, cuticle care, light exfoliation and lotion. Does not include polish.

RY Classic **\$55 / 60 min.**

A relaxing foot soak, nail shaping, cuticle care, callus care, exfoliating foot scrub, foot & leg massage and finished with regular polish.

Ultimate **\$75 / 90 min.**

The Ultimate in relaxation. This includes foot soak, shaping of the nails, cuticle care, callus care, exfoliating foot scrub, hydrating masque, paraffin dip, foot & leg massage. This includes gel polish. (Time may vary if removing gel polish).

Hard Gel Pedicure **\$60 / 60 min.**

Foot soak, nail shaping, cuticle care, callus care, exfoliating foot scrub, hard gel polish and heal cream & lotion.

Children 's Manicures & Pedicures

Children under the age of 7 can enjoy a children's service. 8+ will be considered a regular service.

For pricing, please ask at booking.

Nail Extras

Gel Polish add-on..... **\$10**

Hand Painted Nail Art..... **\$1 per nail**

*Extra detailed artwork, chrome, rhinestones, foils, decals or any art extras will have an added cost and may require more time.

Touchless Service Lounge



NeuroRecovery **\$30 / 30 min.** **\$40 / 45 min.**

Neuroscience technology from NuCalm sleep system that can balance the autonomic nervous system which promotes restful sleep, reducing stress and giving an overall sense of wellbeing.

RecoveryAir JetBoots **\$30 / 30 min.**

Sit back and relax while these compression boots do all the work! Helps with circulation + lymphatic drainage, muscle soreness & fatigue.

Etiquette



Plan Ahead

Massage availability is extremely limited. We recommend scheduling your appointment prior to your visit. Book an appointment in-person, over the phone, or on our website.

Cancellations

Please provide a minimum of 24-hours notice for individuals and 48-hours for groups of 3 or more. No shows and cancellations made with less than 24-hour notice will be charged the full service price.

Guest Amenities

Guests that have two or more services booked will be offered a robe and slippers and a complimentary sauna session. Champagne or Mimosas available for an additional cost. Inquire at Spa front desk.

Arrival

Please arrive 15-20 minutes prior to your appointment for paper work and time in the locker room.

Follow us on Social Media

 Facebook.com/SandhillSpa

 Instagram.com/Sandhill.Spa

Massage



Sandhill Relaxation

Relax, release tension, and improve circulation with this light to medium pressure massage.

\$100 / 60 min. \$120 / 75 min.

\$140 / 90 min. \$185 / 120 min.

Deep Tissue

Realign deep layers of muscle and connective tissue with this deep pressure massage.

\$110 / 60 min. \$135 / 75 min.

\$160 / 90 min. \$200 / 120 min.

Hot Stone

Promote relaxation with smooth heated stones on full body.

\$150 / 75 min. \$175 / 90 min.

Prenatal

Help ease tension and relax with this massage with pregnancy pillow and modifications. Must be in 2nd trimester, 1st trimester requires doctor note.

\$110 / 60 min.

Couples Retreat

Relax side by side in our Spa Suite designed for two. Includes Mimosas for 2 and robes.

\$240 / 60 min. \$265 / 75 min. \$290 / 90 min.

Massage Add-Ons

Hot Stone (limited amount).....**\$15** **CBD**...**\$15**

Cupping..... **\$25** **Deep Tissue**...**\$15**

Facials & Peels



RY Signature Facial

\$145 / 75 min.

Relax and rejuvenate tired skin with Eminence Organic products chosen by our professionals and applied with care to leave you feeling refreshed and renewed. Includes aromatherapy of your choice and hydrating hand treatment. Great choice for any skin type.

RY Classic Facial

\$130 / 60 min.

Get the results you are looking for with this targeted facial treatment. Choose from Firm Skin for aging skin, Calm Skin for sensitive skin, Clear Skin for acne-prone skin or Bright Skin for hyperpigmentation. For best results, ask your esthetician about a home kit for continued care.

Arctic Berry Enzyme Peel

\$145 / 60 min.

This peel won't leave your skin peeling, the enzyme exfoliant breaks down and removes dead skin to leave your skin feeling refreshed and new. The natural, organic Arctic Berry will restore moisture and bring you a youthful complexion. Upgrade this service with a Blueberry Detox Peel layered over the Arctic Berry for the maximum results.

Pro Peel Facial

\$155 / 60 min.

Deeply exfoliate and detoxify your skin. This peel includes a 20% Salicylic acid peel. Begin with a hydrating hand treatment and follow with a double cleanse, tone, exfoliate, peel, masque, moisturize, eye care, lip plumping treatment, and sun care.

Body Treatments



Mud Body Wrap

\$120 / 60 min.

This mud body wrap is rich in vitamins and minerals that detoxifies and purifies the skin. Mud is painted onto the full body and cocooned in a heated wrap for 30 minutes. Your choice of a scalp massage or mini facial.

Hydrating Scrub/Body Wrap

\$135 / 90 min.

Begins with full body sugar scrub followed by body wrap. You will be cocooned for 20 minutes while you receive a scalp massage or a mini facial. This treatment ends with application of hydrating body lotion and oil. Choose your scent. Restorative Stone Crop or Coconut + Mango Enzyme.

Body Scrub

\$90 / 60 min.

Full body dry brushing followed by a sugar scrub for ultimate exfoliation. You will use in suite shower for removal and end with application of body lotion and oil for glowing skin. Choose your scent. RYR Algae Salt, Cranberry Pomegranate, Coconut Sugar or Stone Crop.

The Royal Treatment

\$225 / 140 min.

Begin the Royal treatment with a back treatment including dry brushing, sugar scrub, body oil & lotion followed by our Signature facial and ending with a lower leg & foot treatment with dry brushing, sugar scrub body oil & lotion. Say hello to glowing skin!

Packages



Stress Away

\$235 / 120 min.

Renew dull skin and ease tension for total body renewal. Start with our hydrating body scrub & wrap treatment followed by a full body 60 minute relaxation massage and say goodbye to stress.

The Ultimate Rejuvenation

\$234 / 3 hours

The Ultimate in self care! Your self care begins with getting into a robe and slippers, then sipping some tea or infused water. Start your treatments with the Classic Care Facial followed by the Ultimate Manicure and Ultimate Pedicure. You'll leave feeling so fresh and renewed!

Off The Green

\$130 / 90 min.

Relax in a 30 minute sauna session and follow with a 60 minute Deep Tissue Massage using CBD products to help relieve fatigued muscles after a day on the course.

Build Your Own Package

Choose 3 or more of your favorite treatments and take 10% off. Our helpful front desk staff will walk you through booking the perfect spa day!