



SOUPS & SALADS

.AVAILABLE LUNCH AND DINNER

SOUP DU JOUR **CUP \$5** **BOWL \$7**
INQUIRE WITH SERVER FOR DAILY SELECTION

HOUSE SALAD **\$10**

ORGANIC SPRING MIX WITH SHALLOTS, CHERRY TOMATOES,
CUCUMBER, PARMESAN CHEESE AND CROUTONS
ADD CHICKEN+ \$6

CAESAR SALAD **\$10**

CHOPPED ROMAINE TOSSED WITH CAESAR DRESSING,
PARMESAN CHEESE AND CROUTONS
ADD CHICKEN+ \$6

SOUTHWEST SALAD **\$12**

FRESH GREENS WITH A ROASTED CORN, BELL PEPPER,
BLACK BEAN AND AVOCADO SALSA. TOPPED WITH
FRIED TORTILLA STRIPS. SERVED WITH CHIPOTLE RANCH
ADD CHICKEN+ \$6

THAI CHICKEN SALAD **\$17**

FRESH SPINACH, TERIYAKI CHICKEN THIGH MEAT,
MANDARIN ORANGES, CARROTS, CUCUMBER
BATONS, BLACK SESAME SEEDS AND FRIED WONTONS
TOPPED WITH CILANTRO PEANUT SAUCE

COBB SALAD **\$18**

FRESH GREENS, GRILLED CHICKEN, BACON CRUMBLES,
BLUE CHEESE, HARDBOILED EGG, AVOCADO, CHERRY
TOMATO AND SHALLOTS WITH CHOICE OF DRESSING
ON SIDE



WRAPS, HOT SANDWICHES, & MORE..



SERVED WITH CHOICE OF:

HOUSE SALAD, POTATO SALAD, PASTA SALAD
SUB FRIES OR TOTS + \$1

WRAPS

ALL WRAPS ARE MADE WITH SPINACH TORTILLA

CAESAR WRAP

GRILLED CHICKEN BREAST, ROMAINE, PARMESAN CHEESE
AND DRESSING

\$14

THAI CHICKEN WRAP

GRILLED TERIYAKI CHICKEN WITH SPINACH, COLESLAW,
CUCUMBERS, CARROTS AND CILANTRO PEANUT SAUCE

\$15

SOUTHWEST CHICKEN WRAP

GRILLED CHICKEN BREAST WITH FRESH GREENS,
ROASTED CORN, BELL PEPPER, BLACK BEANS, AVOCADO
AND CHIPOTLE RANCH

\$15

HOT SANDWICHES

RUNNING Y BURGER*

HALF POUND CNB BEEF PATTY WITH TILLAMOOK CHEDDAR,
PICKLE, LETTUCE, RED ONION, TOMATO AND A-1 AIOLI ON
PRETZEL BUN ADD BACON + \$3

\$17

BBQ TRI TIP

SLICED THIN TOSSED IN HOUSE MADE BBQ SAUCE, ON
CHOICE OF PRETZEL OR BRIOCHE BUN
SERVED WITH A SIDE OF COLESLAW

\$16



ROASTED TURKEY PANINI

\$15

SLICED TURKEY BREAST WITH PROVOLONE CHEESE,
ROASTED RED PEPPERS AND PESTO SAUCE ON SOURDOUGH

HAM AND GOUDA PANINI

\$14

HILLS MEAT CO. HAM WITH GOUDA CHEESE,
BRAISED APPLES AND HONEY MUSTARD ON SOURDOUGH

DELI SANDWICH

\$12

CHOICE HAM OR TURKEY, CHEDDAR, PROVOLONE,
OR GOUDA CHEESE WITH LETTUCE TOMATO AND MAYO
SOURDOUGH, WHEAT, WHITE OR RYE BREAD

TACOS

FISH TACOS

\$16

GRILLED WILD ALASKAN COD WITH LETTUCE, ROASTED
RED PEPPER, COTIJA CHEESE AND SALSA VERDE. SERVED
WITH A ROASTED CORN, BELL PEPPER, BLACK BEAN AND AVOCADO
SALSA

FLATBREADS

CALIFORNIA

\$14

GRILLED CHICKEN, BACON, ROASTED RED PEPPERS. TOPPED
WITH AVOCADO AND CHIPOTLE RANCH

MARGHERITA (V)

\$12

PESTO, MOZZARELLA, AND CHERRY TOMATO