
LUNCH

AVAILABLE 11AM-3PM

BURGERS AND HOT SANDWICHES

SERVED WITH YOUR CHOICE OF SIDE: FRIES, TOTS, HOUSE SALAD, POTATO SALAD, OR PASTA SALAD

RUNNING Y BURGER* 21

our savory burger on a pretzel bun with lettuce, tomatoes, onions, and pickles, house-made A1 aioli and your choice of cheese | add bacon 3.00

GARDEN BURGER 19

plant based garden burger grilled and served on a pretzel bun with onions, tomatoes, pickles and lettuce

PATTY MELT* 21

our savory burger with swiss cheese, thousand island dressing, and caramelized or grilled onions on rye bread

FRENCH DIP SANDWICH 20

tender tri tip and swiss cheese served on a toasted hoagie with a side of our au jus for dipping

BBQ TRI TIP SANDWICH 17

tender tri tip tossed in our barbecue sauce served with coleslaw on a savory brioche bun

CLUB SANDWICH 21

2-tiered sandwich layered with lettuce, tomatoes, bacon, swiss cheese and your choice of ham or turkey

GRILLED CALIFORNIA 21

grilled sandwich on sourdough bread with provolone cheese, tomatoes, bacon, avocado and grilled turkey

**CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.*

LUNCH CONTINUED

ENTREES

FISH AND CHIPS 19

battered cod with charred lemon, coleslaw, and tartar sauce served with fries or tots

CHICKEN STRIPS 17

breaded chicken strips served with your choice of side

FISH TACOS 19

battered cod served with cabbage and chipotle aioli on a corn tortilla served with a side of pico de gallo and corn and black bean salsa

SOUTHWEST WRAP 17

grilled southwest chicken breast with fresh greens, roasted corn and black bean salsa with chipotle ranch

CHICKEN CAESAR WRAP 16

grilled herb chicken breast, fresh greens, parmesan cheese and caesar dressing

FLATBREADS

MARGHERITA FLATBREAD 14
pesto, mozzarella, and cherry tomato

CALI FLATBREAD 14
grilled chicken, bacon, and roasted red peppers topped with avocado and chipotle ranch

PEPPERONI SALAMI FLATBREAD 13
marinara sauce and mozzarella topped with thick sliced salami and pepperoni

SOUPS AND SALADS

AVAILABLE FOR LUNCH AND DINNER

HOUSE-MADE NEW ENGLAND CLAM CHOWDER

cup 7 bowl 10

SOUP DU JOUR
inquire with our servers for
our daily selection

cup 5 bowl 7

HOUSE SALAD half 6 full 12
mixed greens salad with onions, tomatoes, and cucumbers,
topped with parmesan and your choice of dressing

CAESAR SALAD half 6 full 12
romaine lettuce, and parmesan tossed in caesar dressing,
topped with croutons

SOUTHWEST CHICKEN SALAD 18
romaine lettuce, grilled chicken, with our signature corn and
black bean salsa, tossed in chipotle ranch and topped with
roasted peppers and tortilla strips

COBB SALAD* 20
romaine lettuce, roasted chicken, bacon crumbles, blue cheese,
hardboiled egg, avocado, cherry tomato and shallots with choice
of dressing on the side

CHEF SALAD* 21
romaine lettuce, tomatoes, cheese blend, onions, hard boiled
eggs, cucumbers, turkey and ham with your choice of dressing
on the side

ADD YOUR CHOICE OF PROTEIN

Add Chicken*
6.00

Add Shrimp*
10.00

Add Salmon*
12.00